

Training to Win



HAVE YOU EVER MADE A NEW YEAR'S RESOLUTION THAT DIDN'T PAN OUT TO WELL? HAVE YOU EVER FELT LIKE YOU'RE RUNNING AIMLESSLY THROUGH LIFE, LACKING PURPOSE, LET ALONE THE STRENGTH TO MOVE FORWARD?

1 Corinthians 9:24-25

24 Do you not know that in a race all the runners run, but only one gets the prize? Run in such a way as to get the prize. 25 Everyone who competes in the games goes into strict training. They do it to get a crown that will not last, but we do it to get a crown that will last forever. 26 Therefore I do not run like someone running aimlessly; I do not fight like a boxer beating the air. 27 No, I strike a blow to my body and make it my slave so that after I have preached to others, I myself will not be disqualified for the prize.

LET'S GET INTO THE MINDSET OF A WINNER!

Think about the hard work a runner puts into preparing for a race.

1. Eating right
2. Sleeping well
3. Consistency of Practice
4. Running with others
5. Knowing your opponent
6. Keeping your eye on the Prize
7. Setting goals
8. Counting the cost

Training to win means actively choosing to sacrifice the things of this world and looking to God's word each and every day. It means saying "no" to earthy goals and desires, and making decisions that will have eternal significance. If you truly want to be a better person, and become more like Christ, then invest in making decisions that will stick. As we train for the run of a lifetime, let us **1. Cling to the cross for our source of strength**. If you listen to the voice of God, he will direct you on a course of training like you've never seen before. **2. Don't run aimlessly**, instead, train with a purpose for the Mission God has for you. **3. Train with intent to win**, realizing that it's not enough to wish, want or desire your goal to come true, it requires action. .Never taking your eyes off the prize.

And let us run with perseverance the race marked out for us!

What is my Win?

Describe your plan of attack when it comes to accomplishing this win?

Who is one person you could help this week? How will you help them?